

What is your Point, Doctor? © Xen•

A man visiting the doctor the first time filled out a standard patient questionnaire during the wait for his appointment. When filling out one of the questions about diet, he wrote, 'I eat fried chicken and ice cream every day...' During examination, a young doctor reviewed his answers and when reading that he daily ate ice cream and fried chicken *flipped his wig*. That is an archaic idiom but there is room for it here. Then the doctor launched into a lengthy lecture about hazards of eating too much fat, sugar, and non-nutrient value foods and many other adverse affects on body health in general. The man patiently listened until our doctor finished his lecture then said, 'Dr. I am 70 years old. Just what is your point?' Taken aback, the young physician pondered for a few moments until the ah-ha light popped on; then he said, 'you are right...eat all the fried chicken and ice cream you wish.' Then he cordially concluded the office visit. That is so often, how it goes in life. One is so caught up in the daily dramas and nit-picky details that s/he loses the big picture of life: nothing lasts; everything changes and all eventually fades away into dust. The lesson to me in this living drama is that it all comes down the same for humans and everything else here on earth. Except that people remain preoccupied with getting theirs, harming and lying to each other and worst of all – hurting selves the most for tokens rewarded in nonsense. ***I never understood what people are thinking when screwing over everyone else for percentages of the take, action, or loot. What is the point? Surely, you realize – it is never enough! One forfeits everything making the final trip out of here in a decorated pine box, covered with flowers, riding in the back of a black limousine, to spend eternity in a graveyard ENCHAINED by all that baggage.*** From that perspective, this whole theater of the absurd seems such a senseless waste of precious time and energy. However, one can learn much by merely observing the simplest things in living every day like eating fried chicken and ice cream. Carpe diem – make the best of it now for tomorrow is uncertain - Chocolate or Vanilla?